

3 PRINCIPLES TRAINING:

WHAT IS THIS TRAINING ABOUT?

Formally known as the 'State of Mind' this training illuminates the 3 psychological functions that exist within all of us. These functions create our moment to moment experience. With greater understanding about these internal functionings, we engage our inner resources: patience, creativity, compassion, motivation and inspiration and we regain an inner power, a center from which we have a new vantage point and a completely different kind of control. In short, we regain our psychological bearings.

WHAT ARE THE BENEFITS OF THIS TRAINING?

By understanding the generic nature of the human psychological experience, people can function at their best.

Within each human being lies a reservoir of resiliency; mental well-being, calm, clarity, and peace of mind are the birth right of every individual... Not just for a little while, but throughout life. Knowing that this reservoir exist and that it is accessible brings you piece of mind.

This is a two part training. Each training is 2.5 days each for a total of 5 days.

[Part I~The Principles](#)

[Part II~ The Applications](#)

Prerequisite: Attendees must complete Part I in it's entirety within 12 months before taking the Part II.