

Transitional Housing

What is Managed Care Transitional Housing?

- Provides temporary, affordable housing for clients living in unsafe settings or who are homeless.
- Housing units are completely furnished.
- Residents are expected to be clean and sober.

Who can receive help?

- Adults 18 and older living in Santa Clara County who are clients in one of our Managed Care Outpatient Treatment programs.

What are the services?

- Help practicing new behaviors and skills in a safe environment.
- Help finding work and returning successfully to society.

How much does it cost?

- Fees are based on the ability to pay.

How do you get services?

- Managed Care staff will request services for you.

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Outpatient Treatment

What is Managed Care Outpatient Treatment?

- Services to meet individual treatment needs.

Who can receive help?

- Adults 18 and older living in Santa Clara County.

What are the services?

- Individual, group, family, and crisis counseling.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.
- Educational groups.

Special Programs for Women:

- Services for women with children.
- Methadone maintenance.
- Education on parenting, health issues, and domestic violence.
- Reading program.
- Child care (up to age 3).

How much does it cost?

- Fees are based on the ability to pay.
- Some sites accept Medi-Cal/private insurance.

How do you get services?

- Call the Gateway Program's 24-hour number,
1-800-488-9919.
www.alcohol-drugservices.org



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Residential Treatment

What is Managed Care Residential Treatment?

- Treatment at licensed sites for men, women, and women with children (ages 5 and under) whose alcohol and/or other drug use requires intensive live-in treatment.
- Prepares clients for Outpatient Treatment.

Who can receive help?

- Adults 18 and older living in Santa Clara County who meet eligibility criteria.

What are the services?

- Comfortable, supportive treatment settings.
- Complete, ongoing assessment and evaluation of clients' needs.
- Detailed treatment plan that includes referral to ongoing alcohol and other drug services.
- Classes on addiction and related issues.
- Individual, group, family, and crisis counseling.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.

How much does it cost?

- Fees are based on the ability to pay.
- Some sites accept private insurance.

How do you get services?

- Call the Gateway Program's 24-hour number,
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Prevention Services

What are Managed Care Prevention Services?

- Alcohol and other drug information and referral, education, and support services.
- Classes about addiction, anger management, family communication, parenting skills, codependency, family wellness, family survival skills, and impulse management.

Who can receive help?

- Family members and significant others of clients in the Managed Care System.
- Anyone living in Santa Clara County who needs basic education on alcohol and/or other drugs.

What are the services?

- Training for family members and significant others to support clients' recovery from alcohol and/or other drug addiction.
- Information about alcohol and other drugs in English, Spanish, and Vietnamese.

How much does it cost?

- Fees are based on the ability to pay.

How do you get services?

- Call a Managed Care Prevention Services provider directly.
- Call the Gateway Program's 24-hour number,

1-800-488-9919.

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Detoxification Services

What are Managed Care Detoxification Services?

- Program settings that provide support for clients' withdrawal symptoms from the effects of alcohol and/or other drugs.
- 24-hour staff support in a non-medical, inpatient setting that is free of alcohol and other drugs.

Who can receive help?

- Adults 18 and older living in Santa Clara County.

What are the services?

- A safe, monitored setting.
- Preparation for treatment after detoxification.
- Assessment and referral to the next level of appropriate care.
- Medically supervised detoxification with methadone for opiate/heroin users.
- Free, anonymous HIV and TB testing/counseling.
- Psychiatric consultation.

How much does it cost?

- Fees are based on the ability to pay.
- Some sites accept Medi-Cal/private insurance.

How do you get services?

- Call the Gateway Program's 24-hour number,
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Education, Training & Employment Services

What are Managed Care Education, Training & Employment Services?

- A variety of services and programs for skill development, career/life planning, and employment.

Who can receive help?

- Adults 18 and older living in Santa Clara County who are already clients of our Managed Care Residential, Outpatient, or Prevention programs.

What are the services?

- Individual and group counseling on life skills such as decision making, problem solving, and anger management.
- Education and training programs to improve and/or gain new skills.
- Vocational assessment and job placement.
- Career planning: How to choose, find, get, and hold a job.

How much does it cost?

- Fees are based on the ability to pay.

How do I get services?

- If you are already a client in one of the Managed Care Residential, Outpatient, or Prevention programs, talk to a counselor.
- If you are **not** a client, call the Gateway Program's 24-hour number, **1-800-488-9919**.
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Dual-Diagnosis Services

What are Managed Care Dual-Diagnosis Services?

- A variety of services for clients with alcohol and/or other drug **and** mental-health problems.

Who can receive help?

- Adults 18 and older living in Santa Clara County who do not currently receive or qualify for sufficient services through another agency, program, or clinic.

What are the services?

- Specially trained staff.
- Individual and group counseling.
- Psychiatric evaluation and medication follow-up.
- Classes on addiction, relapse prevention, mental health, and coping skills.

Special Services

- Residential.
- Outpatient.
- Psychiatric monitoring and consultation.
- Case management.

How much does it cost?

- Fees are based on the ability to pay.

How do you get services?

- If you are already a client in one of the Managed Care Residential, Outpatient, or Prevention programs, talk to a counselor.
- If you are **not** a client, call the Gateway Program's 24-hour number, **1-800-488-9919**.
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Methadone/Drug-Replacement Therapies

What is Managed Care Drug-Replacement Therapy?

- Effective medical treatment and counseling for heroin and other opiate addictions.

Who can receive help?

- Adults 18 and older living in Santa Clara County who meet federal, state, and local guidelines for narcotics replacement therapy.

What are the services?

- Medical treatment for withdrawal and craving.
- Detoxification or methadone maintenance.
- Supportive counseling and case management for clients with problems caused by their drug use.
- Psychiatric consultation.
- Free, anonymous HIV and TB testing/counseling.

How much does it cost?

- Fees are based on the ability to pay.
 - Medi-Cal/private insurance is accepted for methadone maintenance.



How do you get services?

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